

## Permission to Obtain or Release Confidential Information

I, \_\_\_\_\_, give Highland Rim Head Start permission to obtain or release confidential information from various agencies or individuals regarding my child, \_\_\_\_\_\_.

My consent, unless revoked in writing, is valid through **June 30, 2023**.

Information that may be requested or released may include, but is not limited to, the following:

Physical Exam/Records Lab/X-ray Results Developmental Assessment Birth Certificate Health Insurance Card Individual Family Service Plan Others as necessary Dental Exam/Records Immunization Records Screening Results Individual Education Plan Mental Health Records

Signature of Parent/Guardian

Signature of Head Start Staff

Relationship to Child

Date

**Program Permission Form** 

Child's Name:

I HEREBY GIVE MY PERMISSION for my child to receive the examinations and services checked below. I understand that I will be notified in advance of the date and place of health services and that I may attend. I understand that I will be notified of the results of all screenings and assessments. I understand that all screenings will be provided free of charge to Head Start children. Head Start Funds may be used for professional medical and dental services when no other source of funding is available.

<u>Service</u>	Yes	No	
Dental Exam/Fluoride			
Hearing Screening			
Vision Screening			
Speech/Language Screening			
Developmental Assessment			
Social Emotional Screening			
Mental Health Consultant Observation			
IN ADDITION, I GIVE MY PERMISSION for the following:	Yes	No	
For my child to participate in field trips.			
For my child to be transported by Head Start staff to participate in any Head Start activity.			
For my child's photo/video to be taken as approved and supervised by Head Start Staff. (some pictures may be included on in-house publications and on social media sites)			

## **Consent for Child's Emergency Medical/Dental Treatment**

I, Della Hensley, hereby give my consent for needed emergency medical or dental treatment of the child listed below by any licensed physician or dentist while under the care of Highland Rim Head Start and for the transport of the child to and from the source of emergency treatment. This care may include examinations and any test which, in the opinion of the physician or dentist, are deemed necessary or advisable. This does not include the right to perform surgical operations without my consent, except in the case of an emergency when, after an effort has been made to locate me, I am found to be unavailable. This consent is valid for the time period my child is enrolled in the Head Start Program.

The above items have been explained to me. To the best of my knowledge, I have answered all the items correctly. I understand that I will be given advance notice before my child participates in any of the above activities.

Signature of Parent/Guardian

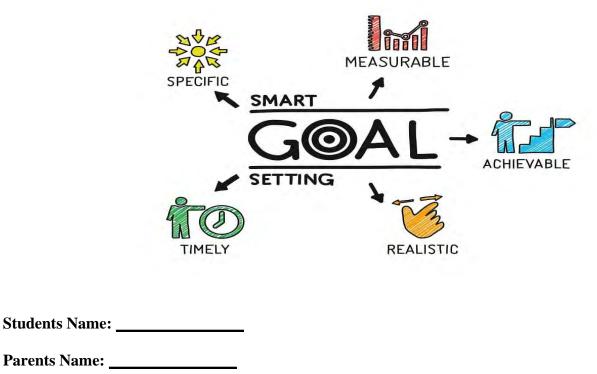
Date

Signature of Head Start Staff

Center:

# Highland Rim Head Start Family Partnership Agreement

The Family Partnership Agreement is an ongoing opportunity for your family to build a positive relationship with the program staff on a volunteer basis, while identifying your family's goals and planning strategies for achieving those goals. This Family Partnership Agreement is a goal-setting process throughout the program year. Your family advocate will meet with your family periodically to complete and follow-up with this agreement either in the home, center, or community location depending on your preference.



Center:

\_\_\_\_\_ I agree to participate in the Family Partnership Agreement.

I do not wish to participate in the Family Partnership Agreement at this time. I understand that if in the future, I would like to participate, I will be free to do so, and that my decision to not participate does not in anyway exclude me from receiving Head Start Family Services.

Parent Signature	Date
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## **Family Needs Assessment**

We are here to assist you with information, resources, referrals, and opportunities for training. Please let us know how we can support your needs and interests.

# Do you have any emergencies or need any <u>immediate</u> crisis assistance in the following areas? (Check all that apply)

Food: (Nutrition, Pyramid, Safety, Labeling)	
Clothing:	
Utilities Assistance:	
Homelessness/Shelter:	
Counseling:	
Domestic Violence:	
Child Abuse/Neglect:	
Alcohol/Drug Abuse:	
None at this time:	
***************************************	********

#### \*\*\*\*\*\*

Family and Personal Needs. Do you need any of the following? (Check all that apply)				
Health Care Access/Health Insurance:				
Child Support Assistance:				
Foster Care Resources:				
Father Engagement:				
English as a Second Language:				
Food Programs/Nutrition Education (Food Stamps/WIC):				
Employment Resources (Internet Access, Job Applications, Unemployment				
Benefits):				
Continuing Education (High School Diploma, GED, College, Career				
Technical Education):				
Budgeting/Savings/Asset Building Services:				
Parenting Skills and Education (Stages of Development, Home Safety):				
Housing:				
Health Education (Prenatal, Postpartum Care, Dental, CPR/First Aid, Communicable Diseases, Tobacco				
Use):				
Assistance to Families of Incarcerated:				
Relationship/Marriage Education:				

If a bus service was offered at your child's Head Start center, would you utilize this resource? Door to door bus service would not be offered. Meeting points would be determined based on need.

YES / NO

	Office Use Only	
Date Completed:	Needs Identified: YES / NO	Resources Provided: YES / NO
Comments:		
Staff Initials:		

## ADDENDUM TO ENROLLMENT FORM FOR CHILD CARE

Highland Rim Economic Corporation

	ions: This Addendum may be used to meet the enrollment data requirements of the Adelt. Come Find the User and
	d Adult Care Food Program as mandated by the Interim Rule issued by the U.S.
-	ent of Agriculture on September 1, 2004. The Addendum will be valid for one ca
year follo	owing the date of the parent's or guardian's signature.

Date of Birth:

Normal Days of Care (Circle as Appropriate):

Monday (Tuesday) (Wednesday)	Thursday Frida	y)	Saturday Sunday
Normal Hours of Care during School Year: _	8 AM	to	2 PM
-		to	
Normal Hours of Care during summer:		to	
(Through end of June Only)		to	

Participant Meals (Circle as Appropriate):				
Breakfast AM Supplement	Lunch			
PM Supplement Supper	Evening			
Parent/Guardian Name:				
Parent/Guardian Daytime Telephone N	umber: Area Code: Number:			

Signature of Parent/Guardian



## STATE OF TENNESSEE DEPARTMENT OF HUMAN SERVICES

## PERSONAL SAFETY CURRICULUM NOTIFICATION FORM

Since 1985, Tennessee law has required that children in child care agencies receive annual instruction in personal safety, including child sexual abuse prevention. The personal safety curriculum shall include a Department-recognized component on the prevention of child abuse.

Public Chapter 1032 passed by the General Assembly in 2008 requires that child care agencies have a personal safety curriculum, including a child sexual abuse component, for children enrolled in the agency, and that parents/legal guardians be informed about the curriculum, methods and terminology that will be used in teaching children about personal safety. The Department of Human Services was directed to provide guidelines for this curriculum, but individual child care agencies may choose a curriculum that accomplishes the same goal, and may use different terminology in the curriculum. The child care agency is required to allow parents/legal guardians to review and ask questions about the curriculum, and to meet with representatives of the child care agency if they have questions.

In addition, the child care agency must obtain from parents/legal guardians a form acknowledging that they have been notified of the child sexual abuse/personal safety curriculum being used by the child care agency in which the child is enrolled. A copy of the form is required to be maintained in the child's record.

"Keeping Kids Safe" is the sample personal safety curriculum offered by the Department. This curriculum takes a holistic approach to the safety of children. The curriculum is composed of the following units: Self Esteem, Family & Friends, Feelings, Problem Solving, Personal Safety (general) and Personal Safety (4-5 year olds), and Safety Around Me. All sessions begin with group time and are followed by supplemental activities that give children additional practice in understanding the concepts. The curriculum uses hand puppets to serve as a group motivator and to introduce the stories. Together staff and parents decide what terminology to use when referring to the genitals, either the correct anatomical terms or the general term "private body parts."

## Keeping Kid's Safe

Child's Name: \_\_\_\_\_

**X** "Keeping Kids Safe" is the personal safety curriculum used by our child care agency

Our agency uses another personal safety curriculum described below

Method of Instruction: <u>Each classroom at Highland Rim Head Start has a "Keeping Kids Safe" curriculum</u> <u>binder that includes a variety of stories, activities, and puppets to utilize when teaching this safety curriculum to</u> <u>the children.</u>

Sample Terminology: <u>The terminology used when teaching the safety curriculum must be voted on by the parents/guardians</u>. If your child is 4 years of age, would you prefer "**private body parts**", or the **anatomically** <u>correct term of the body part to be used?</u> (**Please circle the one you prefer**). \*3 Year olds will be taught "private body parts"\*

The instructional materials used in the agency personal safety curriculum are available for review by the parents or legal guardians.

I/We acknowledge that we have been provided an opportunity to review the agency's personal safety curriculum and been notified of the sexual abuse/personal safety curriculum for our child/children.

Signature of Parent or Legal Guardian

Signature of Parent or Legal Guardian

Signature of Agency Representative

Date

Date

DOB: \_\_\_\_\_

Center/Classroom: \_\_\_\_\_

#### **Health History**

Ph	ysical,	Psychol	logical, a	nd Social	Develop	ment
	-		-			

Does your child have a Primary Care Physician and Dentist? Dr Dentist
Does your child have Insurance? Medical Dental
Has your child ever been hospitalized or operated on? Yes or No Explain:
Has your child ever had a serious accident injury? I.e. Broken Bone? Yes or No Explain:
Does your child have any problems with ears/hearing? Yes or No Explain:
Has your child ever had a convulsion/seizure? <b>Yes or No</b> If yes, was seizure/convulsion related to high fever? <b>Yes or No</b> Date last occurred:
Is the child under doctor's care for Asthma? Yes or No Type of Medication Prescribed:
Is your child on any medications that would be needed at school? Yes or No Type of Medication: Reason for medication:
Does the child or any immediate family members have any of the following health concerns, specify which: Yes or No Asthma Diabetes Liver Disease Bleeding Tendencies Heart/Blood Vessel Disease Sickle Cell Disease Chronic Condition Other (explain):
Does your child have frequent: Urinary infections or trouble urinating or stomach pain, vomiting, diarrhea? Yes or No
Are there any conditions/treatment/care that has not been discussed that may affect your child while at school? (i.e. premature birth < 4lbs or born addicted to a substance) <b>Yes or No</b> If yes explain:
Does your child have a diagnosed disability, with an IEP/IFSP? Yes or No Provide copies of IEP/IFSP, or any documentation regarding diagnosis
Is your child toilet trained? Yes or No
Does your child need help with using the restroom? Yes or No If yes explain:
Do you give permission for Head Start Staff to assist your child in toilet training? Yes or No
How does your child respond to adults he/she does not know?         Shy       Friendly       Open to anyone       Cowards or Hides behind parent       Warms up with time         Other:
Does your child have any difficulties saying what he/she wants to do or do you have any trouble understanding your child? <b>Yes or No</b> If yes explain:
Have there been any recent changes or problems in your child's life that may affect your child's behavior? <b>Yes or No</b> If yes explain:
Do you have any concerns regarding your child's behavior? Yes or No If yes explain:

Child's Name:	DOB:		_	Center/Classroom:
		<u>Nutrition</u>		
How would you describe your	child's appetite? Good	Fair	Poor	
Any recent changes in appetite If yes explain:				
How does your child react whe	n introduced to new foods?		nything	Refuses to try anything new Other:
Does your child choke or gag of If yes explain:				
Does your child eat things that If yes explain:				
Is your child on a special diet of If yes explain:			lo	
Is your child diagnosed with a If yes explain allergic reaction:				
Is an EpiPen (Epinephrine Aut	o Injector) prescribed? Yes	s or No		
Does your child feed him/herse	elf? Yes or No If yes, how	? Eats with finger	s Uses fo	rk/spoon Uses regular cup/glass
Parent/Guardian Signature:				Date:
Head Start Staff Signature:				Date:

\*\*\*If your child will be needing medication while at school (this includes Inhaler or EpiPen), an Individualized Health Action Plan must be completed and signed by the child's medical doctor, parent/guardian, teacher, and Health Service Manager before attending school.\*\*\*

\*\*\* If your child has a food allergy, a Special Diet Request Form must be completed and signed by the child's medical doctor and submitted to your Family Advocate before child attends school so that accommodations may be made.\*\*\*



# The Flu: A Guide For Parents

## What is the flu?

Influenza (the flu) is an infection of the nose, throat, and lungs caused by influenza viruses. There are many different influenza viruses that are constantly changing. Flu viruses cause illness, hospital stays and deaths in the United States each year.

The flu can be very dangerous for children. Each year about 20,000 children younger than 5 years old are hospitalized from flu complications, like pneumonia.

#### How serious is the flu?

Flu illness can vary from mild to severe. While the flu can be serious even in people who are otherwise healthy, it can be especially dangerous for young children and children of any age who have certain long-term health conditions, including asthma (even mild or controlled), neurological and neurodevelopmental conditions, chronic lung disease, heart disease, blood disorders, endocrine disorders (such as diabetes), kidney, liver, and metabolic disorders, and weakened immune systems due to disease or medication.



U.S. Department of Health and Human Services Centers for Disease Control and Prevention Children with these conditions and children who are receiving long-term aspirin therapy can have severe illness from the flu.

## How does the flu spread?

Most experts believe that flu viruses spread mainly by droplets made when people with the flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might get the flu by touching something that has flu virus on it and then touching their own mouth, eyes or nose.

## What are the symptoms of the flu?

Symptoms of the flu can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.

# How long can a sick person spread the flu to others?

People with the flu may be able to infect others by shedding virus from 1 day before getting sick to 5 to 7 days after. However, children and people with weakened immune systems can shed virus for longer, and may be still contagious past 5 to 7 days of flu illness, especially if they still have symptoms.

## **PROTECT YOUR CHILD**

## How can I protect my child against the flu?

To protect against the flu, the first and most important thing you can do is to get a flu vaccine for yourself and your child.

- Vaccination is recommended for everyone
   6 months and older.
- It's especially important that young children and children with long term health conditions get vaccinated. (See list of conditions in "How serious is the flu?")
- Caregivers of children with health conditions or of children younger than 6 months old should get vaccinated. (Babies younger than 6 months are too young to be vaccinated themselves.)
- Another way to protect babies is to vaccinate pregnant women. Research shows that flu vaccination gives some protection to the baby both while the woman is pregnant and for up to 6 months after the baby is born.

Flu vaccine is updated annually to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season. Flu vaccines are made using strict safety and production measures. Over the years, millions of flu vaccines have been given in the United States with a very good safety record.

### Is there a medicine to treat the flu?

Antiviral drugs are prescription medicines that can be used to treat and prevent influenza illness. They can make people feel better and get better sooner. Antivirals can mean the difference between having milder illness instead of very serious illness that could result in a hospital stay. Antiviral drugs are different from antibiotics, which fight against bacterial infections. They work best when started during the first 2 days of illness. It's very important that antiviral drugs are used early to treat the flu in people who are very sick (for example, people who are in the hospital) or who are at high risk of having serious flu complications. Other people with flu illness may also benefit from taking antiviral drugs. These drugs can be given to children and pregnant women.

#### What are some of the other ways I can protect my child against the flu?

In addition to getting vaccinated, you and your children can take everyday steps to help prevent the spread of germs.

#### These include:

- Stay away from people who are sick.
- If your child is sick with flu-like illness, try to keep him or her in a separate room from others in the household, if possible.
- CDC recommends that your sick child stay home for at least 24 hours after his or her fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a feverreducing medicine.
- Cover your mouth and nose with a tissue when you cough or sneeze. Throw the tissue in the trash after it has been used.
- Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect hard surfaces and objects that may be contaminated with germs, including bathroom surfaces, kitchen counters and toys for children. Clean by wiping them down with a household disinfectant



according to directions on the product label.

These everyday steps are a good way to reduce your chances of getting sick. However, a yearly flu vaccine is the best protection against flu illness.

## IF YOUR CHILD IS SICK

## What can I do if my child gets sick?

## Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids. If your child is 5 years and older and does not have other health problems and gets flu-like symptoms, including a fever and/or cough, consult your doctor as needed.

Children younger than 5 years of age – especially those younger than 2 years old – and children with certain chronic conditions, including asthma, diabetes and disorders of the brain or nervous system, at high risk of serious flurelated complications. If your child is at high risk for flu complications, call your doctor or take them to the doctor right away if they develop flu-like symptoms.

#### What if my child seems very sick?

Even previously healthy children can get very sick from the flu.

Make sure your child gets plenty of rest and drinks enough fluids. If your child is 5 years or older and does not have other health problems and gets flu-like symptoms, including a fever and/or cough, consult your doctor as needed:

- Fast breathing or trouble breathing
- Bluish or gray skin color
- Not drinking enough fluids (not going to the bathroom or not making as much urine as they normally do)
- Severe or persistent vomiting
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough
- Has other conditions (like heart or lung disease, diabetes,or asthma) and develops flu symptoms, including a fever and/or cough.

## Can my child go to school, day care or camp if he or she is sick?

No. Your child should stay home to rest and to avoid giving the flu to other children or caregivers.

# When can my child go back to school after having the flu?

Keep your child home from school, day care or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C) or higher.

For more information, visit www.cdc.gov/flu or www.flu.gov or call 800-CDC-INFO



## STATE OF TENNESSEE DEPARTMENT OF HUMAN SERVICES CITIZEN PLAZE BUILDING 400 DEADERICK STREET NASHVILLE, TENNESSEE 37243-1403

## TELEPHONE: 615-313-4700 FAX: 615-532-9956 TTY: 1-800-270-1349 www.tn.gov/humanservices

## Influenza Information Notification Form

PUBLIC CHAPTER 687 requires the Department of Human Services and the Department of Health to work together to educate parents of children in child care agencies regarding the importance of immunizing their children against influenza. The Department of Human Services works with child care agencies to ensure that this information is distributed annually to parents in August or September.

I/We acknowledge that we have received information on the importance of immunizing children against influenza.

Signature of Parent or Legal Guardian	Date
Signature of Parent or Legal Guardian	Date
Signature of Agency Representative	Date

Child's Name: \_\_\_\_\_

# **Parent/Guardian Parent Meeting Topics:**

*The following topics may be offered during the program year according to parent/guardian interest(s). (Circle all that apply):* 

Child Growth and Development	Family Engagement & Education	Health & Safety
Developmental Milestone (3-5 yrs)	Parenting Skills	Child Health
Social-Emotional Development	Goal Setting	Nutrition
School Readiness	Job Skills & Training	Child Abuse Prevention
Kindergarten Transition	Stress & Time Management	Disaster Preparedness Plan
Managing Challenging Behaviors	Parents as Teachers	Counseling Resources
Positive Discipline	Grandparents Raising Children	Childproofing Your Home
Understanding Child & Parent Temperament	Budgeting/Money Management	First Aid/CPR
Reading with Children	Crafts/Activities	Healthy Eating & Cooking with Children at Home
Toileting Training	Resume Writing/Job Readiness	Importance of Dental Health
Other:	Other:	Other:

## **CODE OF CONDUCT**

All HREC employees, volunteers, Policy Council members, Parent Committee members, and the Board of Directors shall:

- Maintain a standard of dress and grooming that reflect good taste and common sense;
- Present a professional, concerned, and impartial attitude with every individual seeking services;
- Not solicit nor accept gratuities, favors, or anything of monetary value from contractors or potential contractors or vendors;
- Not subject anyone to sexual harassment;
- Maintain confidentiality and protect the privacy of personally identifiable information about children and families and staff members;
- Maintain a drug free environment;
- Not profit financially through dealings with the agency (does not include staff salaries);
- Not smoke within fifty (50) feet of an agency building or around children enrolled in an agency program;
- Not allow the use of corporal punishment and total/extended isolation as disciplinary measures in Head Start;
- Respect and promote the unique identity of each child and family and refrain from stereotyping on the basis of gender, race, ethnicity, culture, religion, or disability;
- Not allow a child to be left alone or unsupervised while under my care;
- Use positive methods of child guidance.

Signature

## Highland Rim Head Start Attendance Contract

The Highland Rim Head Start program has an attendance policy that must be adhered to. Your child's regular attendance at school is needed in order for him/her to be successful in school. Children also need the consistency of schedules and routines in their lives, so attending on a regular basis is very important.

## I understand that:

- My child must maintain regular attendance in the program (85% or higher).
- I must contact my child's teacher whenever my child will not be at school.
- If I do not contact my child's teacher when s/he will be absent, that absence will be documented as **UNEXCUSED**.
- My family advocate is available to support me and my family. S/he will visit with me if there are any attendance concerns for my child and will offer any support and ideas s/he can.
- If my child's attendance becomes irregular and/or becomes a continual issue, another child in need of the program *may be* served in my child's place, if a solution is not made to adhere to attendance policies.

A Head Start staff member has reviewed the enrollment packet with me and I fully understand the documents. I also understand what my role and responsibilities are as a participant in the Highland Rim Head Start program.

Parent/Guardian Signature

Date

Head Start Staff Signature

#### Hi Families,

This is an exciting year! I will be using a resource called ReadyRosie to communicate with you and to provide meaningful activities that you can do at home to support your child's learning.

#### ReadyRosie is a simple tool for you to:

- Hear what we are doing in the classroom
- Discover activities and games you can play that relate to classroom learning
- Have more fun than ever with your child through meaningful interactions

The best part is that each activity/ game is modeled in a 2 minute video so you and your child can watch together and then play the game! You will receive these videos and communication via text message and/ or email.

I will need your email and/ or mobile phone to invite you to ReadyRosie. Please fill out the information below and return by tomorrow, so you can receive your invitation via text or email as soon as possible!

Thank you for partnering with me and for being active in your child's learning through ReadyRosie!



Click on the "CC" Button to access closed captioning and subtitles in Vietnamese and Arabic.



Sign me up for ReadyRosie please!

STUDENT NAME

YOUR NAME

YOUR MOBILE PHONE NUMBER

YOUR EMAIL ADDRESS

I agree to receive an invite link to sign up for ReadyRosie. Message & data rates may apply. Frequency varies.

Privacy Policy: https://www.readyrosie.com/legal/privacy-policy/ Terms and Conditions: https://www.readyrosie.com/legal/privacy-policy/#mobile-tos

## Hi Families,

This is an exciting year! We will be partnering with the educational resource ReadyRosie to share powerful games and expert videos that support you and your child in his/her learning. Through our partnership with ReadyRosie you will have free access to their learning website and tools.



ReadyRosie How It Works



# After you accept the invitation, each week you will:

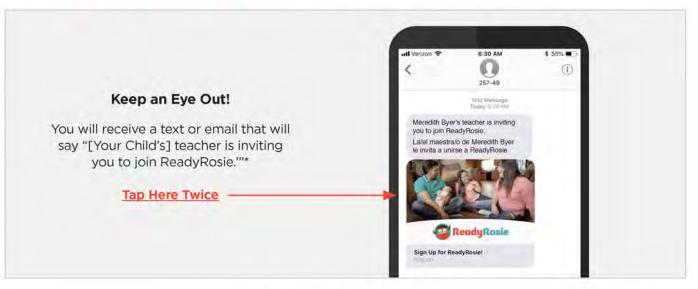
Watch videos modeling games and conversations that support what we are learning in school.

Do the activities with your child and have fun learning together!

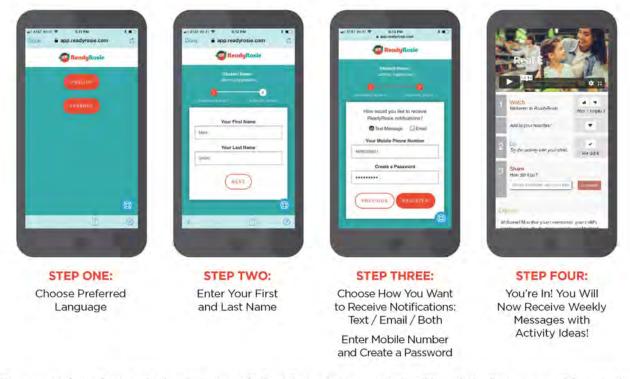
Share your experiences and expertise with me as I partner with you in your child's learning journey!



## Accept Your ReadyRosie Invitation Today!



**Registration Is Easy!** 



\* If you provided your phone number in order to sign up for ReadyRosie, a text message invite will be sent. No other messages will be sent unless you sign up for ReadyRosie and agree to receive curated playlists and other informational alerts. If you are not willing to receive this initial text from ReadyRosie, please contact your child's teacher. Message & data rates may apply. Frequency varies.

Privacy Policy: https://www.readyrosie.com/legal/privacy-policy/ Terms and Conditions: https://www.readyrosie.com/legal/privacy-policy/#mobile-tos

Having trouble getting registered? Email: support@readyrosie.com, or ask your child's teacher for help.

## Highland Rim Head Start Parent/ Guardian Statement

- I received a summary of the daycare licensing requirements, along with a copy of the Highland Rim Head Start Parent Manual. I have signed this statement below, verifying upon receipt that I understand and agree to its contents.
- Highland Rim Head Start Privacy Policy has been reviewed with me and I understand my responsibilities to maintain confidentiality regarding enrolled children and families.
- I have received training on child abuse and neglect, including mandatory reporting, and have been provided the phone number for the child abuse hotline.
- I received a copy and was trained on the Volunteer Orientation Manual.
- I have received a copy of the Parent Resource Manual.
- I have visited the Highland Rim Head Start facility prior to enrolling my child.
- Date of pre-enrollment visit: \_\_\_\_\_\_

If I have further questions, I understand that I can ask my Family Advocate or teacher at my child's Head Start Center.

Parent/Guardian Signature

Staff Signature

Date