

 Policy #: N-2	Effective Date:	Page #: 1 of 1
Ref #: 1304.23 (b)(1)(i)-(vii); 1304.23(c)(1); 1304.23(c)(2)	Policy Council Approval Date: 8/28/07	Revision Date: 4/12/07

COMPONENT: NUTRITION

SUBJECT: NUTRITIONAL SERVICES

PERFORMANCE OBJECTIVES: Nutritional needs and requirements are met by serving a variety of healthy foods.

PROCEDURE: The program will design and implement a nutrition program that meets the nutritional needs and feeding requirements of each child, including those with special dietary needs and children with disabilities. The program will serve a variety of foods which consider cultural and ethnic preferences and which broaden the child's food experiences. The Lead Cook will design nutritious menus to be used in all centers. The Nutrition Consultant will review, revise, and approve the menus to ensure nutrition content, quality and variety.

The program will use funds from the USDA Child and Adult Care Food Program as the primary source of payment for meal services. Additional funds may be used to cover those allowable costs not covered by the USDA.

The program will serve the quantities and kinds of food that conform to recommended serving sizes and minimum standards for meal patterns recommended in the USDA meal pattern.

Foods served must be high in nutrients and low in fat, sugar, and salt.

Meal and snack periods must be appropriately scheduled and adjusted as necessary. Meals and snacks will be scheduled according to 1240-4-3-.12 of the Tennessee Licensure Rules for Child Care Centers Serving Preschool Children.

Food served as part of the meal/supplement pattern will not be used as reward, and food will not be used or withheld as punishment.