

 Policy #: H-9	Effective Date: 9/8/98	Page #: 1 of 1
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COMPONENT: HEALTH

SUBJECT: TOOTH BRUSHING

PERFORMANCE OBJECTIVE: Tooth brushing will be a part of the daily classroom experience. Children will brush their teeth once a day, preferably after lunch.

OPERATIONAL PROCEDURE

1. Each child will have an individual toothbrush labeled with his/her name, and toothbrushes will be replaced every three months or more often due to wear and illness.
2. Teachers will supervise tooth brushing activities to ensure children rinse their toothbrushes before and after each use, and that the children are brushing properly. Teachers may assist the children with tooth brushing, and should wear disposable gloves when doing so.
3. Teachers will assist with dispensing toothpaste to ensure toothbrushes and the toothpaste is not contaminated. Children should receive no more than a pea-sized amount of ADA-accepted fluoridated toothpaste. Toothpaste should not dispense directly onto the toothbrush.
4. The children will brush for two (2) minutes as recommended.
5. Teaching staff will brush their teeth along with the children (role modeling). Adult toothbrushes will be supplied for this purpose.
6. Teachers will store toothbrushes properly in toothbrush-holders to allow air drying after use.
7. The sink must be sanitized before and after tooth brushing activities.